



Montessori Training Centre of British Columbia

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Student Health Policies updated August 2024

The MTCBC follows guidelines set by the BC Centre for Disease Control for Post-Secondary education institutions, as stated on their Public Health Guidance notice dated September 2023.

Health and Hygiene

To prevent and reduce the spread of communicable diseases, including COVID-19 and influenza:

- 1) Staff, students and visitors to the training centre are asked to self-monitor and stay home if they are feeling ill, and are experiencing symptoms such as that of a respiratory illness until they are well enough to participate in regular activities. A doctor's note is not required to return.
Anyone who has been exposed to anyone confirmed to have COVID-19, or to anyone with possible symptoms of COVID-19, should call HealthLink BC at 8-1-1 for an assessment and to determine any necessary next steps.
- 2) Hand hygiene: All staff and students are encouraged to practice diligent hand hygiene (regular washing of hands or using of an effective hand sanitizer), especially at the following times: When they arrive and before they go home; before eating and drinking; after using the washroom; after sneezing or coughing into hands.
- 3) Respiratory etiquette: Everyone is expected to sneeze or cough into a tissue or into their elbow, thrown the tissue away immediately and wash or sanitize hands. Avoid touching eyes, nose, or mouth with unwashed hands.
- 4) Masks: The decision to wear a mask is a personal one. There is no requirement to wear one at the training centre.

More information may be found at: <https://www2.gov.bc.ca/gov/content/covid-19>

“Follow the Child..”



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