



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Immunization Guidelines

Below is a list of vaccines recommended by the Vancouver Coastal Health. They are not required by law but highly recommended when working with children.

Highly recommended	
	Flu (influenza), every year
	Covid-19 Vaccination (both doses) - Date of 1 <sup>st</sup> Dose: _____ Date of 2 <sup>nd</sup> Dose: _____
	Tentanus/ Diphtheria, booster is needed every 10 years
	MMR (measles, mumps, rubella) – all childcare workers born 1970 or later require two doses of MMR vaccine. If you were born earlier, ask your health care provider about your needs.
	Chickenpox (varicella) if you have not had chickenpox disease
Recommended for your personal benefit	
	Meningococcal
	Pertussis (whooping cough)
	Hepatitis B
	HPV (human papillomavirus)
	Hepatitis A, Shingles, and Travel Vaccines
	Tuberculosis

*“Follow the Child...”*